

The background of the entire page is a close-up photograph of a winter scene. It features several brown pine cones hanging from a branch, with green needles visible. The scene is covered in a layer of white snow, creating a soft, wintry atmosphere. The lighting is natural, highlighting the textures of the pine cones and the snow.

# **NASPA PFRKC Winter 2019 Newsletter**

# Welcome from the Editors

**Hello and welcome to the 2019 Winter edition of the  
NASPA Parent and Family Relations Knowledge  
Community Newsletter! We hope you enjoy this edition  
and are always thinking of new content to submit!**



Kayla Albano & Ashley Templeton, Co-Editors



Register for the 2019 NASPA Annual Conference today! The conference registration price rises on February 9 and conference housing closes on February 19.

#### **#NASPA19 KC Pre-Conference Spotlight**

**Family Engagement – The Need for Equitable Parental Inclusion - Sunday, March 10 from 9 am to 12 pm**

Parents and families are integral members of our campus communities whose partnership and engagement is essential to student success. Presenters will use case study examples, across a spectrum of campus environments, to highlight distinct challenges that families face as campus professionals work to promote parental inclusion from college visits to graduation day. Challenges among families of undocumented, socioeconomically disadvantaged, historically underrepresented, and first-generation college students will be a focus of the discussion.

[Register Here](#)

# Check out our Parent & Family Relations Knowledge Community Resource Page!

PFRKC Resource Page

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## Research Spotlight

### Parenting Style & College Student Grit

*Kelly Dunn, Ed.D., director of New Student Orientation & Support Programs at Johnson and  
Wales University*

*In our roles, we spend a great deal of our time working with the families of college students on our campuses. We offer communications and programming before and after orientation, throughout a student's academic career, and even beyond graduation. We recognize that the K-12 system in partnership with parenting has a likely impact on the characteristics of students who come to our campuses; utilizing this knowledge, we create support systems to help these students, and their families, succeed.*

*At the inaugural Symposium on Academic Resilience in Higher Education (SAHRE) held in November 2018, colleagues from across the globe shared presentations, led workshops, and participated in roundtable discussions centered on the resilience and grit of college students today. The conversations were invaluable and many walked away excited about strategies to support a student's ability to persevere; however, an important question lingered throughout the conference. Though we have theories and best practices on how to engage with the grit and resilience of students on our campuses today, what grows these traits in college students? As parent and family program professionals, some have wondered if parenting affects a college student's grit, defined as passion and perseverance for long-term goals, later in life.*

*One study investigated this research question and the findings were intriguing. Data were collected from incoming undergraduate students (N = 974) enrolling at a mid-sized private university in New England through a questionnaire addressing parenting style, grit, and demographics at the conclusion of their orientation session. Results revealed authoritative parenting positively correlated with college student grit and permissive parenting negatively correlated with college student grit. Regression models revealed the presence of less permissive parenting behaviors and the presence of more authoritative parenting behaviors explained the variability in grit for all parenting units. First-generation status, Hispanic, Black and non-Asian ethnicity status were also significant in several regression models.*

*To learn more about the background of the study, including parenting styles as well as recommendations for higher education professionals, please view the research at the link below.*

# NASPA KNOWLEDGE COMMUNITIES

KC's provide access to information and resources in a particular subject area, connecting members and facilitating the sharing of knowledge

As some of you may know, NASPA Knowledge Communities have been tasked with creating a strategic plan to help guide their work. We want to ensure that we are gathering insight from our membership throughout this process. We are asking for you to complete the following poll to help us better understand what our community feels are our priorities as a KC. The poll is brief and should only take a couple of minutes.

[PFRKC Strategic Plan Poll](#)

Thank you in advance for your feedback during this process!

**Susie Orecchio & Dana Trimboli Co-Chair-  
Elects, PFRKC**

# Reading Corner

## Eight Things That Set Truly Confident People Apart

By Dr. Travis Bradberry

"Successful people often exude confidence—it's obvious that they believe in themselves and what they're doing. It isn't their success that makes them confident, however. The confidence was there first."

[Read More Here](#)



# 2019-2021 Leadership Vacancies

**The Parent and Family Relations KC is looking for motivated NASPA members looking to get involved and give back to the NASPA community by serving in a leadership capacity. There are many exciting opportunities to share your expertise and skills as well as learn and grow your current abilities. Check out the available positions below and on Volunteer Central. For consideration, applicants must send statement of interest and resume to Susie Orecchio at [susan.orecchio@tcnj.edu](mailto:susan.orecchio@tcnj.edu).**

[Apply Now!](#)

## Member Engagement Chair

- In partnership with the Co-chair(s), lead PFRKC efforts to identify and recruit new members, including those to contribute to the blog/newsletter, present new programs, review proposals, etc.
- In partnership with the Member Engagement Coordinator and Co-chair(s), develop annual communication and engagement plan for PFRKC.

- Engage the PFRKC in discussion of parents in higher education via web based social media, PFRKC Twitter and Facebook.
- Find out more on Volunteer Central!

## **Region V Representative**

- The Regional KC Representatives work to serve the collective efforts of their Knowledge Community within a particular region. Regional KC Representatives report directly to their National KC Chair/Co-chairs and work in tandem with their respective Regional KC Coordinators. Assist with achieving KC goals by leading Knowledge Community Activity with the region, and assist in moving the National KC agenda forward
- Regional KC Representatives may or may not sit on a Regional Advisory Board; this is determined by the Regional Director.
- Find out more on Volunteer Central!

## **Regional Representative & Strategic Partnerships Coordinator**

- Serve as a liaison between the PFRKC Leadership Team and the 7 NASPA Regional Representatives for the KC, as well as liaison for other KC partnerships or external organizations (i.e. AHEPPP).
- Find out more on Volunteer Central!

## **Technology Coordinator/KC Blogger**

## Technology Coordinator/KC Blogger

- Manage content on the PFRKC Website including but not limited to: Home, About, Get Involved, Events, Resources, and Newsletter tabs
- Conceptualize and design additions to the PFRKC website
- Collaborate with every PFRKC leadership team member to post content on PFRKC website
- Find out more on Volunteer Central!

## Region VI Representative

- The Regional KC Representatives work to serve the collective efforts of their Knowledge Community within a particular region. Regional KC Representatives report directly to their National KC Chair/Co-chairs and work in tandem with their respective Regional KC Coordinators. Assist with achieving KC goals by leading Knowledge Community Activity with the region, and assist in moving the National KC agenda forward
- Regional KC Representatives may or may not sit on a Regional Advisory Board; this is determined by the Regional Director.
- Find out more on Volunteer Central!

Apply Now!



## Are you working on anything **AWESOME?**

**Think about submitting  
content for the upcoming  
2019 NASPA Edition!**

Watch your email for the call for content and  
information on deadlines!

Email content to Kayla Albano, Co-Editor, at  
[kalbano@support.ucla.edu](mailto:kalbano@support.ucla.edu).