

Sara A. Mata, Ph.D.

EDUCATION

Oklahoma State University, Stillwater, OK July 2014

Ph. D. in Social Foundations

Dissertation: *Discourses of a Cancer Diagnosis: Narratives of Women in Academia*

Oklahoma State University, Stillwater, OK December 2007

M.S. in Sociology

Creative Component: *Spirit from Within*: A qualitative study examining self-reported responses of resiliency by Native American women. In the hopes of bridging intergenerational connections, the findings were shared with adolescent Native American girls at various programs.

Oklahoma State University, Stillwater, OK May 2005

M.S. in Community Counseling

Creative Component: Adolescent Girls Program

Developed an 8-session psycho-educational girls group, addressing issues typically faced during this developmental life stage. The foundation of the group focuses on promoting positive mental health, relationships, self-confidence, and wellness.

Oklahoma State University, Stillwater, OK December 2003

B.A. in Sociology

Emphasis in Juvenile Corrections and Treatment

Cowley County Community College, Arkansas City, KS December 1996

Associates of Applied Science in Computer Graphic Design

RESEARCH POSITIONS

Graduate Assistant Jan 2011 – Dec 2011

Oklahoma State University, Stillwater, OK

Supervisor: Jean VanDelinder, Ph.D.

Duties: Assist in various implementation of OSU ADVANCE, a National Science Foundation grant to increase the participation of women in scientific and engineering workforce.

Graduate Research Assistant Aug 2006-Aug 2007

Oklahoma State University, Stillwater, Oklahoma

Supervisor: Jean VanDelinder, Ph.D.

Duties: Assisting in various areas of assessing health and nutrition among the Chickasaw Nation.

Graduate Research Assistant: Nov 2005-May 2006

Oklahoma State University, Stillwater, Oklahoma

Supervisor: Beth Caniglia, Ph.D.

Duties: Assisting in various areas of assessing Statistical Methodology among Sociology undergraduates.

Graduate Research Assistant: Aug 2004-May 2005

Oklahoma State University, Stillwater, Oklahoma

Supervisor: Steve Harrist, Ph.D. and Barbara Carlozzi, Ph.D.

Duties: Assisting in various areas of research study focusing on emotional expressive writing.

WORK EXPERIENCE

Assistant Director, OASIS

May 2014 - Current

Office of Academic Success and Intercultural Services

University of Nebraska-Lincoln

Duties: Actively participates in efforts to enhance retention, academic success, diversity awareness, and social programming. Offers one-on-one counseling and assistance to UNL students, particularly underrepresented minority students, low-income families, students who will be the first in their family to graduate from a four-year college and other at risk populations. Ensure a dedication to leading and supporting academic excellence and undergraduate student achievement at the University of Nebraska-Lincoln.

Grant Coordinator, Department of Nutritional Science

Sept 2010 – May 2014

Oklahoma State University, Stillwater, Oklahoma

Duties: Assist in the creation, communication, delivery and evaluation of health information and interventions using customer-centered and science-based strategies to protect and promote the health of American Indian populations. Engage in mixed methods research designed specifically to enhance the understanding of the target audience's health beliefs in order to create successful social marketing and educational programs aimed at improved health of American Indian populations as well as health disparities overall.

Inclusion Leadership Coordinator

May 2007 – June 2010

Oklahoma State University, Stillwater, Oklahoma

Duties: Promote and educate high school and college students in the Inclusion Leadership Program in preparation of working in a diverse and inclusive society. Taught and coordinate seminars, videoconferences and other forms of communication between the outreach high school sites of Oklahoma City and Tulsa areas. A focus on recruitment and retention of students of historically underrepresented populations were essential. Collaborate with high school counselors, community organization as well as corporate sponsors in promoting programs and campus activities. Created, developed curriculum, and implemented a summer program titled STYLE-Strengthening Today's Young Leaders through Education. STYLE was created for underrepresented high school females to educate holistically with college exposure, promoting STEM's fields, as well as overall health and wellness. Balancing budget, planning activities, curriculum development, evaluating and assessing programs, supervising both graduate and undergraduate student workers and presenting at conferences were among other duties assigned.

Counselor: American Legion Children's Home

April 2008/May 2009

Ponca City, Oklahoma

Fill-in part-time counselor for adolescent girl's dormitory. Provided individual as well as group activity sessions for residents to contribute to their well-being and individual treatment plans.

Counselor: Northern Oklahoma Youth Services

May 2004 – June 2007

Ponca City, Oklahoma

Duties: Adolescent individual therapy and family counseling, case formulation, treatment plans, report writing, progress notes, anger management and substances abuse groups, teaching classes in schools, First Time Offenders Group, Adult Role Model (ARMS) program, Juvenile Municipal Court, billing for Community At Risk and Medicaid. Outreach counselor for Kay, Noble and Pawnee Counties.

Americorp: Kaw Nation Tribal Youth Program

Aug 2003 – Aug 2004

Newkirk, Oklahoma

Duties: Advocating & tutoring in area rural schools with Native American students. Assisting in summer program involving activities, field trips, and retreats pertaining to Native American culture. Attending seminars and conferences related to the federal funding of Tribal Youth Programs across the United States.

Learning Lighthouse Afterschool Program-USD 470 Feb 2003 - May 2003

Arkansas City, Kansas

Duties: Promoting tutoring, activities & fieldtrips during the afterschool hours.

Intake worker: Stillwater Domestic Violence Feb 2002 – July 2002

Stillwater, Oklahoma

Duties: Assisting shelter clients during 24-hour weekend shift. Answering 24-hour crisis hotline.

On-call shifts to respond to incidences requiring Stillwater Domestic Violence services.

Detention Assistant Feb 2002 – Oct 2002

Stillwater Police Department, Stillwater, Oklahoma

Duties: Operating control panel in jail. Assisting jailers, dispatch & police officers with various operations of jail & inmates.

Records Work-Study Aug 2001 – May 2002

Stillwater Police Department, Stillwater, Oklahoma

Duties: Work-study for Fall '01 & Spring '02 semesters. Record filing, data entering, & various duties within the records department.

Psychological Services Center July 2000 – Feb 2001

Oklahoma State University, Stillwater, Oklahoma

Duties: Scheduling clients, billing & payment collections, answering & handling crisis calls.

Handling monthly clinic budget. Scoring assessments & maintaining client paperwork and files.

Dr. Vaidya Neurologist & Psychiatrist Dec 1995 – Feb 1996

Ponca City, Oklahoma

Duties: Scheduling clients & various tests. Billing, payment collections, answering & handling crisis calls. Maintaining client paperwork, insurance, and files.

Referral Clinic Coordinator July 1994 - Dec 1995

Arkansas City Memorial Hospital, Arkansas City, Kansas

Duties: Scheduling patients for area doctors. Assisted with Emergency Room registration, billing, admissions, PBX switchboard operator, & insurance processing.

TEACHING EXPERIENCE

Co-Teaching: Nationality and Race Relations Aug 2014- Present

University of Nebraska-Lincoln

Adjunct Instructor: Introduction to Sociology Aug 2010 – May 2014

Northern Oklahoma College

Stillwater, Oklahoma Campus

Instructor: Freshman Orientation Fall 2013

Northern Oklahoma College

Stillwater, Oklahoma Campus

Adjunct Instructor: Diversity and Inclusion in the 21st Century Aug 2009 - Dec 2011

Northern Oklahoma College

Stillwater, Oklahoma Campus

Instructor: Freshman Orientation Fall 2009

Oklahoma State University

Stillwater, Oklahoma

Instructor: International Problems and the Role of the School
Oklahoma State University
Stillwater, Oklahoma

Jan 2009-Dec 2009

SERVICE LEADERSHIP

- **Project A.L.L.** **August 2014 - Present**
Leadership Lincoln
- **NASPA Foundation Ambassador Region IV-W** **Nov 2013 - Present**
NASPA - National Association of Student Personnel Administration
- **NASPA Region IV-W Communication Coordinator** **June 2014 - Present**
NASPA - National Association of Student Personnel Administration
- **Regional Rep Liaison for Latino Knowledge Community** **May 2014 - Present**
NASPA- National Association of Student Personnel Administration
- **Board Member** **Jan 2007 - Present**
Pawnee/Osage C.A.S.A. (Court Appointed Special Advocate)
- **Strategic Initiatives & Assessment for Latino Knowledge Community** **Nov 2010 – May 2014**
NASPA- National Association of Student Personnel Administration
- **Region IV-W Co-Chair for 2013 Regional Conference Hot Springs, AR** **Nov 2012 –Nov 2013**
NASPA - National Association of Student Personnel Administration
- **Region IV-West Knowledge Community Co-Coordinator** **Nov 2010 – Mar 2013**
NASPA- National Association of Student Personnel Administration
- **National Advisory Committee** **May 2009 - 2012**
NCORE- Latino Caucus -National Conference on Race & Ethnicity
- **Board Member** **Apr 2011 -Feb 2012**
Simon Estes Educational Foundation
- **Conexiones Steering Committee Member** **Aug 2008- Aug 2011**
Community Service Council, Tulsa, OK
- **Research, Evaluation & Assessment Knowledge Community Rep.** **Mar 2008 – Mar 2011**
Regional IV-West NASPA- National Association of Student Personnel Administration
- **PANI H.O.P.E. Coalition Member** **Oct 2006 – Nov 2009**
Helping Others through Preventive Education
- **President of Hispanic Faculty & Staff Association** **Mar 2008 – Mar 2009**
Oklahoma State University

VOLUNTEER EXPERIENCE

- Advisor for UNL Sigma Lambda Gamma** **August 2014 - Present**
Duties: Campus advisor for sorority
- Advisor for OSU Delta Sigma Theta Sorority, Inc.** **Oct 2013 – May 2014**
Duties: Campus advisor for sorority
- Advisor for Society of Hispanic Professional Engineers (SHPE)** **Aug 2012 - May 2014**
Duties: Campus advisor for OSU SHPE students and organization
- Co-Advisor Sigma Lambda Gamma Sorority** **May 2009- May 2010**
Duties: Mentor founding members of the 1st Latina sorority at OSU
- Mentor, Adult Role Models Program (A.R.M.S.)** **Aug 2006 – May 2008**
Duties: Mentor to an adolescent Native American girl to aid in developing a healthy relationship fostering personal, academic and physical growth.

Prison Ministry Sacred Heart Catholic Church, Arkansas City, Kansas Jun 2004 – July 2005

Duties: Assisting inmates in a minimum security prison exploring faith & encouraging more positive choices & changes.

Mentor, States Transitional & Reintegration Systems (STARS) May 2001 – May 2003

Duties: Mentoring at-risk adolescents & adolescents' reintegrating back into their community after committing offenses or involvement with law enforcement.

Tutor, Hispanic Student Association Oct 2001 – Dec 2001

Oklahoma State University, Stillwater, Oklahoma

Duties: Tutoring High School student with area of difficulties in curriculum.

SPEAKING ENGAGEMENTS

Keynote Latina Youth Leadership University of Nebraska Kearney Feb 2013

Putting Together the Pieces: Understanding our strengths and visualizing our potential

Leadership Presentation Pittsburg State University Apr 2012

Finding Leadership and Employing Advocacy

CONFERENCE PRESENTATION

November 2013	Oklahoma Women in Higher Education –Edmond, OK <i>Discourses of a Diagnosis: Narratives of Women in Academia</i>
April 2013	Oklahoma Academy of Nutrition and Dietetics -Oklahoma City, OK <i>Addressing Health Disparities to Increase Health Equity</i>
March 2012	Oklahoma Educational Studies Assoc.-Stillwater, OK <i>Documenting the Undocumented</i>
November 2010	NASPA Region IV-W Conference-Omaha, NE <i>DREAMing of New Frontiers: The College Dreams of Undocumented Students</i>
November 2009	Oklahoma Women in Higher Education Conference-Edmond, OK <i>Transforming Girls into Women of Higher Ed with STYLE</i>
November 2009	NASPA Region IV-W Conference-Santa Fe, NM <i>DEVAS with STYLE</i>
November 2008	NASPA Region IV-W Regional Conference-Tulsa, OK <i>Educating with STYLE</i>
May 2008	National Conference on Race & Ethnicity (NCORE)-Orlando, FL <i>Cradle to the Grave</i>
May 2008	Oklahoma Educational Studies Assoc.- Norman, OK <i>Tolerance Is Not Enough</i>
February 2008	Big XII Conference on Black Leadership Government-Stillwater, OK <i>Reaction to Pro-action</i>
December 2007	NASPA-Multicultural Institute- Miami, FL <i>Today's Students, Tomorrow's Leaders</i>

PUBLICATION

Stovall-Amos, A., Parker, S., Mata, S., Fox, J., Jackson, T., Miracle, S., & Hermann, J. (Accepted June 25, 2014). Eagle Adventure: School-Based Type 2 Diabetes Prevention Program Results in Improved Outcomes Related to Food and Physical Activity. *Journal of Extension* 14400TOT